The importance of the intake of a correct supply of nutrients during physical activity is well known for the support of muscles and the maintenance of tone.

The use of our formulations:
- Promotes muscle development
- Reduces fatigue, risk of injuries and illnesses related to the activity performed
- Increases performance and the productivity of training sessions
- Improves post-workout recovery and adaptation to training
- It allows for strength and muscle mass to be optimised

Sarcopenia is a condition associated with age that involves a decrease in strength, mass and muscle function, leading to the weakening of the entire organism. In its most severe cases, it can lead to disability. The use of our innovative formulations:
- Helps to rebuild lost muscle mass and combat muscle atrophy
- Guarantee the proper supply of essential amino acids (EAA) and branched chain amino acids (BCAA)
- Strengthens the immune system by decreasing the onset of diseases
- Gives back tone and vitality, improving daily actions

Protein, nucleotides and probiotics play an essential role for the healthy function of our body on a daily basis. Our new formulas:
- Guarantee the proper correct supply of protein necessary for the development of the musculoskeletal system
- Provide complete support in the event of injury, for the recovery of muscle mass and the immune system
- Support the organism if specific diets are followed (hyperproteic diets)
- Are complete, safe and effective for maintaining cellular homeostasis

Why choose them?

Our new and innovative products are created from the **lactyβ_80** and **lactyβ_90** formulations, available in different flavours:

**THE EVOLUTION OF PROTEIN**

The scientific research and the spirit of innovation that make us unique.
Our Mission

NUTRITION stands our rigorous control of the supply chain from the creation of products and their marketing.

It is for this reason that we carefully select high-quality raw materials that are supported by clinical trials that prove and guarantee this efficacy and safety. We use accredited suppliers and state-of-the-art certified production facilities.

The advantage of New Formulations

Our Research

4+ NUTRITION stands out for its rigorous control of the supply chain from the creation of products and their marketing.

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